



MY EXPLORIN' ADVENTURE

ST. MARY'S GLACIER TRAIL

Arapaho National Forest near Idaho Springs, Colorado

Print it. Fill it in. Save the memory.

DATE _____

WEATHER _____

WHO EXPLORED WITH ME _____

WHAT I EXPLORED

- | | |
|--|---|
| ☐ St. Mary's Lake | ☐ Year-round snowfield |
| ☐ Pine and aspen forest | ☐ Mountain views |
| ☐ Rocky trail | ☐ Snowmelt stream |
| ☐ Wildflowers | ☐ Picnic or snack stop |
| ☐ Wildlife or birds | ☐ Winter snow or ice |

MY ADVENTURE MEMORY

DRAW IT - WRITE IT - TAPE IN A PHOTO

MY FAVORITE PART

What made this adventure worth remembering?

FRED'S TRAIL CHALLENGE

Find three signs of the high country - a mountain reflection, an alpine bird, snow or ice, a twisted tree, or a wildflower. Write or draw what you discovered.

MY FRED FOOTPRINT RATING

Circle one:



1



2



3



4



5

ONE THING I WANT TO REMEMBER:
